



Father God,

We ask that you will help us every day.

That you will protect us so that we can stand strong for you.

That we will have the belt of truth around our waist.

That we will be protected by knowing your ways.

We pray our feet might be ready to help us share your Good News and truths.

That we will have your shield to keep us safe from those who try to turn us away from You, to tell us lies.

Lord help us to wear your helmet, knowing that only you can keep us safe forever and Lord that we will read your Bible and get to know it so that your teaching will be like a sword to help us to always follow your ways and to believe your Truth.

We ask these things in Jesus' name,

Amen.