

31 Ways to be Thankful

during the Covid-19 Outbreak

A fun, family, faith at home activity from GodVenture.co.uk

Use this list as a jumping off point to find something each day to be thankful for. You can do this on your own or with your family, taking it in turns to say what you are thankful for. If one or more of these sentences doesn't work for you, invent your own to replace it. If you would like to, you could thank God for these things.

1. I'm thankful for our home, especially
2. I'm thankful that I can
3. I'm thankful for the NHS, especially
4. I'm thankful for our family, especially the way we
5. I'm thankful for people who helps us, including
6. I'm thankful for the internet, because it lets us
7. I'm thankful that we haven't
8. I'm thankful for post, especially
9. I'm thankful for children who
10. I'm thankful that after this pandemic we will
11. I'm thankful for new ways of connecting with friends, including
12. I'm thankful for food, especially
13. I'm thankful that we will
14. I'm thankful for friends like
15. I'm thankful that I don't have to
16. I'm thankful for parents, especially
17. I'm thankful for our local area especially
18. I'm thankful for people who encourage us, including
19. I'm thankful for music, especially
20. I'm thankful for shops such as
21. I'm thankful that we won't
22. I'm thankful for online resources, especially
23. I'm thankful for the outdoors, especially
24. I'm thankful for friends who
25. I'm thankful that in this country
26. I'm thankful for our extended family, especially that
27. I'm thankful that we are
28. I'm thankful for time to
29. I'm thankful that we have
30. I'm thankful for things I can hear outside, especially
31. I'm thankful for people I know are working hard to help us, especially